



Training and Educational Marketplace: Empowering Ageing with Trusted Digital Solutions

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Training and Educational Marketplace (TEM)


- **Purpose:** To deliver a catalogue of digital health tools and applications related to frailty and dementia to support the educational process of COMFORTAGE stakeholders and beyond.
 - Independent platform
 - Support **informed decision-making** for older adults, caregivers, healthcare professionals and researchers
 - Promote **digital health literacy**
- A **central hub** for frailty and dementia-related digital tools



What TEM Is and How It's Meant to Be Used

- A web-based catalogue of digital health tools.
- Includes metadata, summaries, and guidance.
- **Does not host** tools directly, acts as a **curated access point**.
- Designed for **ease of use and accessibility**.


Training and Educational Marketplace

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Cognitive Assessment and Training




Cognifit offers scientifically validated cognitive assessments and personalized brain training exercises to improve memory, concentration, and mental agility.




BrainHQ provides interactive exercises designed to improve cognitive performance and memory through scientifically validated training programs.

Frailty Monitoring




PathClinic is an innovative app designed to monitor frailty conditions and provide personalized care plans for older adults.



Fit Frailty is designed to monitor frailty conditions and promote proactive health management for older adults.


Caregiver Support



IanaCare provides a comprehensive suite of tools and resources to support caregivers in managing care, scheduling, and communication.

Designed and developed by [iMedPhys](#)


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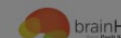
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Cognitive Assessment and Training



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IanaCare
[Webpage: Visit App Webpage](#)
Technology type: Web-based, Mobile
Functionality: Caregiver support and resource management
Target audience: Caregivers
Pricing scheme: Freemium
Condition stage: General care
Regulatory approval: N/A
Evaluation on clinical trials: N/A
Language support: English
Accessibility guidelines: WCAG 2.1 AA
Programming language: Unknown

Frailty Monitoring

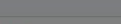


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Bridging the Needs and the Market

- Older adults and caregivers often struggle to **identify and trust** digital tools.
- TEM bridges this gap with **curated, validated, and categorized tools**.
 - Validation through **expert curation**.
 - Clear descriptions and categorization of tools
 - Target users
 - Language availability
 - Link to tool
- Increases **trust and uptake** of digital resources.



Giving Value to Tools through TEM

- **For users:** Easy access and guidance to trustworthy tools.
- **For developers:** Visibility and credibility through inclusion in TEM.
- Tools gain **validation and exposure** to target audiences.



Looking Ahead

- Expanding the catalogue.
- Enhancing search and personalization features.
- Building community around usage and feedback.
- Monitoring impact on digital health literacy.

Training and Educational Marketplace: Empowering Ageing with Trusted Digital Solutions

Thank you!