



## Digital Mental Health

Dawn Robb, Programme Manager, Digital Mental Health, Scottish Government

Dawn.robb2@nhs.scot

## Areas of work for implementation at Scale



Digital system assessment



Service **transformation** 

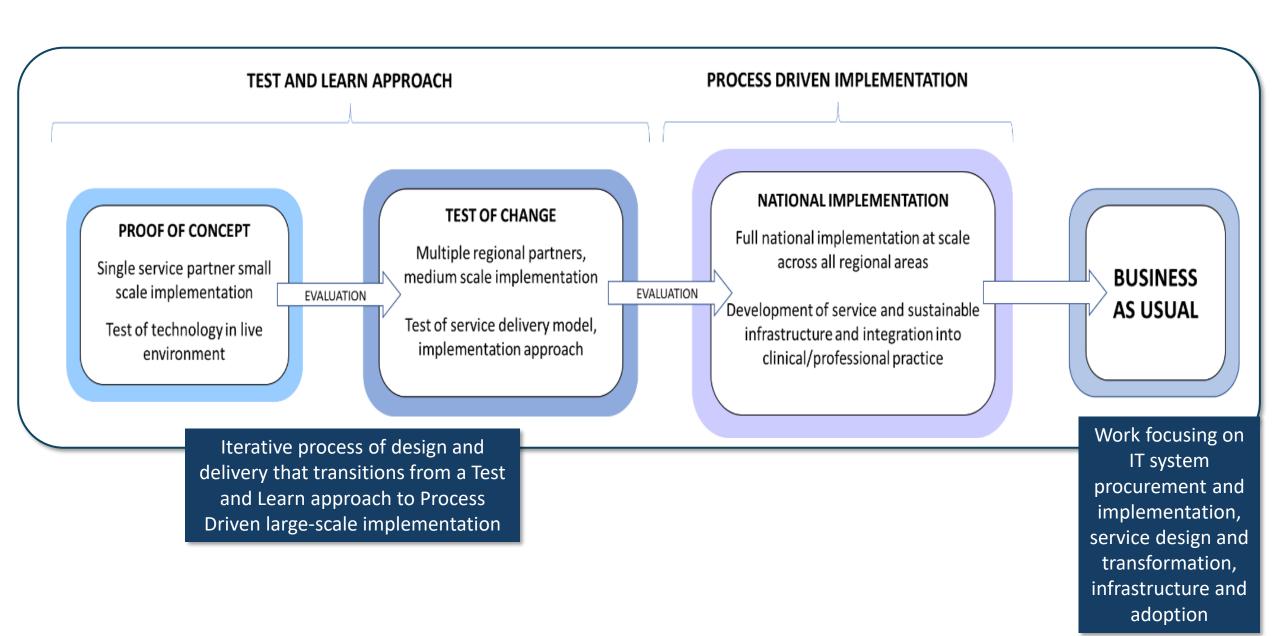


infrastructure



adoption

## Consistency of Implementation



#### Test and Learn Approach



Testing technology



Service pathways/processes



Improvement methodology



Programme
Management
(including risk
management)



Information Governance



**Staff Training** 



Identify barriers



Rapid evaluation gathering



Proof of concept to large scale test of change

#### Standardised Implementation Approach











IT implementation

Change management

Workforce training

Service development & delivery Identify sustainability requirements

#### Cultural Change







Increase acceptance

Increase understanding

Address negative perceptions

#### Sustainable Infrastructure







Strategic development



Contract and IT management



Operational management

# Challenges and Mitigation

Challenges	IVIILIGATIONS
Resistance. Concerns about adequacy of technology and support. Increase workload. Changes to user/clinician relationship	Understand barriers at early stages. Support by evidence, engagement, knowledge and peer support.
Pressure and Capacity	National mandate with local engagement to show value.

leaders.

Understanding evidence and working with clinical/care

Partnerships with regional areas.

Experience with local systems.

National approach to facilitate

Service design and redesign to integrate takes
time/effort.
Input required at national & local level

Inconsistencies of delivery across local and regional areas.

Collaborative working.
Learning from best practice

Integration across policy development and national programmes.

Difference in approaches to IG/IT security.

Challenges	Mitigations
Hardware	Support local areas to get appropriate hardware.  Training on use
Digital Inclusion	Embed into programme Offering choice to use
Funding	Evidence to support value and impact Long term funds incorporated into business case.
Staff. Recruitment and retention of staff.	Upskilling programmes. Appropriate governance structure, that subject matters expertise can feed into.

#### Enablers

Local implementation Continued focus on Programme Clear vision Strong leadership supported by Management outcomes national and local expertise. Peer User engagement – recommendation **National** Continuous data Planning approach supported by good clinical and user collection procurement evidence Partnerships and



Partnerships and working collaboratively

Project and IT readiness

Link with other programmes



# Thank you

